

## Date County Durham Singles Dating eBook

We created this comprehensive online dating guide for County Durham in conjunction with the World's top dating and relationship experts to help you navigate through the online dating process.

Embarking on the task of online dating can be a daunting prospect for many people. We recognise that it can very daunting for someone who has recently been divorced, lost a loved one or who have never been lucky in love. We asked the World's top Relationship Experts, Psychologists and Life Coaches to tailor their top online dating tips for singles in County Durham who are looking for love, friendship and companionship.



## CREATING A PROFILE: THREE EASY STEPS

**STEP 1: Choose The Right Photo:** There are many dos and don'ts with an online dating picture. The most important tips are in this section, so be sure to read this before you get the camera out.

### DO

Get 2 or 3 attractive photos

Include a headshot

Include a body shot

Get professional photos

Smile

Wear red (women only)

Caption your photos

Use a self-timer

Get an opinion from a friend

### DON'T

Post selfies

Upload group photos

Upload pictures of your children or animals

Post shirtless photos

Post bathroom selfies

Post pictures of your ex

Post pictures of other women/men

Post old photos

Hide your face or wear sunglasses



*"You need to make it easy for your date to know instantly who the person will be showing up for the date"* Julie Spira

## STEP 2: Write About Yourself - It's Easier Than You Think

### DO

Be honest

Be you

Add your real age

Keep it brief (about 150 words)

Let your personality shine through

Be humorous

Be specific about what you're looking for

Leave the drama behind

Be positive

### DON'T

Hide or bend the truth

Lie about your weight/age/background

Reveal personal details

Use cliches

Sell sex

Involve the ex

Write what you're not looking for

Forgot to spell check & use proper grammar

Be negative

### Good Profile Examples

I'm very family oriented, and love sports (but then again what guy doesn't). I'm an easy going person and my dreams are to flourish in my career and eventually own my own business one day. I'm a music junkie and in my free time I enjoy [Activity] and [Activity]. I'm open to meaningful, honest, and exclusive relationships.

I am smart, fun, authentic, affectionate, and love to try new things. I balance professionalism and fun in all of life's adventures. At work I get to do many creative things, and love every second of it. I'm always up for trying new things and rarely afraid to take risks in life. I love travel, and am hoping to go back to [location] this next year. Do you love to travel too?

I cry at Hallmark commercials, love the band Spider Fire, enjoy baking and cooking (and make the world's greatest chocolate chip cookies - no exaggeration here!), sing (sometimes off key) with the radio while driving, own more pairs of black shoes than should be legal, and my fear of flying is rivalled only by my love for chocolate. From the book 'Clutch: a novel' by Lisa Becker

## STEP 3: Answer The Question!

So many people start their dating profile off with "This is really hard" or "I don't know what to write". To get you off to a great start, Date County Durham Singles has a great feature called "Questions" which prompts you to talk about the things in life you like. This gives others a good insight to the person you are.



A list of ten questions for a dating profile, each in a grey box with white text:

- What do you like to do for fun?
- What is your favourite meal?
- What is the most interesting fact about you?
- What is your most treasured possession?
- What is your favourite place in the world to visit?
- Who is your greatest inspiration?
- If you won the lottery what would you buy first?
- What is your favourite book or film and why?
- What did you want to be when you were growing up?

The questions are insightful enough for someone to get a good grasp of your personality, and to find something interesting to enable them to strike up a conversation with you. Questions are also a good fun to answer, and get you thinking about the things you like and dislike.

"I met my husband on a dating website, as have a number of my friends. We could not be more well suited to each other and I could not be more lucky. We have been married almost 4 years, and are incredibly happy. He is someone I would never believe existed, and even though we happened to grow up in the same town (strange but true), we would have never met had it not been for the online dating site" - **Nicole Martinez**

## STARTING A CONVERSATION

So you've found someone local in County Durham you like the sound of? The fun starts here! Before you press send, following these dos and don'ts will ensure you get off on the right foot.

### DO

Address the person by their name

Write personalised messages

Quote something from their profile

Ask questions

Let your personality shine through

Be humorous

Keep it short (5 sentences max.)

### DON'T

Say 'Hey', it's too informal

Copy and paste your messages

Reveal personal details

Use cliches

Sell sex

Involve the ex

Get too deep

## The Best Questions To Ask In a Message

[Tell me something about you that's not on your dating profile...](#)

What are you looking for in a partner?

[Who will win in a one-on-one battle? Batman or Superman?](#)

What makes you laugh?

## YOUR FIRST DATE!

This is very exciting! You're going on a date in County Durham! There are just a few things to remember before skipping off...

### DO

Have a phone date first

Limit a first date to an hour

Learn to be friends first

Consider your appearance and attitude

Be safe

Have fun

### DON'T

Take a first date too seriously

Look at your phone

Moan about online dating

Quiz your date

Stalk online

Prolong a date that feels uncomfortable



“Nothing beats a failure but a try. If a date doesn't work out, go out with someone else. Just because a few dates or even a relationship doesn't work out, doesn't mean that there's not someone out there for you”

Venessa M Perry

## DATE THE SAFE WAY

You've probably heard a lot of stories about online dating! Keeping your wits about you, and following these top tips will set you off on the right foot without feeling apprehensive about dating in County Durham.

- ✔ Be careful when accessing your account from a public or shared computer so that others can't view or record your password or personal information.
- ✘ Don't include your contact information such as your email address, home address, or phone number in your profile or messages
- ✔ Be wary of opening email attachments from someone you have only just met
- ✘ Don't give out your life-story the first time you chat. There will be plenty of time to share such details if your relationship develops
- ✔ If and when you do decide to share an email address think about creating a separate and anonymous email
- ✘ Don't include your surname or any other identifying information when choosing your username
- ✔ Create a username based on your interests, rather than personal details
- ✘ Stop communicating with anyone who pressures you into providing your personal or financial information
- ✔ Ensure that you keep your internet security software up to date
- ✘ Don't put up with offensive, insulting and threatening behaviour

## Disclaimer

### (1) Introduction

This disclaimer governs the use of this ebook. By using this ebook, you accept this disclaimer in full.

### (2) No advice

The ebook contains information about Online Dating. The information is not advice, and should not be treated as such.

### (3) No representations or warranties

To the maximum extent permitted by applicable law and subject to section 5 below, we exclude all representations, warranties, undertakings and guarantees relating to the ebook. Without prejudice to the generality of the foregoing paragraph, we do not represent, warrant, undertake or guarantee:

- that the information in the ebook is correct, accurate, complete or non-misleading;
- that the use of the guidance in the ebook will lead to any particular outcome or result in particular, that by using the guidance in the ebook you will have success with online dating.

### (4) Limitations and exclusions of liability

The limitations and exclusions of liability set out in this section and elsewhere in this disclaimer: are subject to section 6 below; and govern all liabilities arising under the disclaimer or in relation to the ebook, including liabilities arising in contract, in tort (including negligence) and for breach of statutory duty. We will not be liable to you in respect of any losses arising out of any event or events beyond our reasonable control.

We will not be liable to you in respect of any business losses, including without limitation loss of or damage to profits, income, revenue, use, production, anticipated savings, business, contracts, commercial opportunities or goodwill.

We will not be liable to you in respect of any loss or corruption of any data, database or software.

We will not be liable to you in respect of any special, indirect or consequential loss or damage.

### (5) Exceptions

Nothing in this disclaimer shall: limit or exclude our liability for death or personal injury resulting from negligence; limit or exclude our liability for fraud or fraudulent misrepresentation; limit any of our liabilities in any way that is not permitted under applicable law; or exclude any of our liabilities that may not be excluded under applicable law.

### (6) Severability

If a section of this disclaimer is determined by any court or other competent authority to be unlawful and/or unenforceable, the other sections of this disclaimer continue in effect.

If any unlawful and/or unenforceable section would be lawful or enforceable if part of it were deleted, that part will be deemed to be deleted, and the rest of the section will continue in effect.

### (7) Law and jurisdiction

This disclaimer will be governed by and construed in accordance with English law, and any disputes relating to this disclaimer will be subject to the exclusive jurisdiction of the courts of England and Wales.



## Copyright

Copyright 2019 by [www.datecountydurhamsingles.co.uk](http://www.datecountydurhamsingles.co.uk)

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher, except in the case of brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law.